

Curriculum

Table of Contents

- [Prenatal](#)
- [Developmental Perspectives](#)
- [Newborn Encounters](#)
- [Protocols](#)
- [Activities](#)
- [Home Visiting](#)
- [Trauma Informed](#)
- [Coming Alongside](#)
- [Parenting Topics](#)
- [Developmental Newsletters](#)
- [Homemade Toys](#)
- [Preschool 3-6](#)
- [Adolescent Parenting](#)
- [Group Encounters](#)
- [Lapsits](#)
- [Family Fun Times](#)
- [Health & Safety](#)
- [Come Sign With Me](#)
- [Let's Talk Kids Columns](#)
- [EHS/HS Center-based Group](#)
- [Miscellaneous](#)

Curriculum Table of Contents

[Prenatal](#) (Available in English, Spanish, Arabic)

In this curriculum, you will find background information for weekly topics for discussion related to stage of pregnancy. It also includes monthly protocols and a weekly topical journaling activity for expectant parents.

<u>Month 2</u>	Prenatal Protocol, Early Prenatal Development, Hormonal Changes, Reacting to Pregnancy
<u>Month 3</u>	Prenatal Protocol, Body & Skin Changes, Fatigue & Other Symptoms, Nutrition & Exercise, Sharing the News
<u>Month 4</u>	Prenatal Protocol, Baby Can Suck, Parenting While Pregnant, Prenatal Attachment
<u>Month 5</u>	Prenatal Protocol, Dreaming While Pregnant, Exercise, Finding out Baby's Gender, Strain on Other Relationships, Unsolicited Touches & Comments
<u>Month 6</u>	Prenatal Protocol, Breastfeeding, Energy Levels & Other Symptoms, Feeling Baby Move, Infant Feeding, Your Baby Can Hear You
<u>Month 7</u>	Prenatal Protocol, Birth Plan, Birthing Class, Nesting, Signs of Labor
<u>Month 8</u>	Prenatal Protocol, Exercise, Increased Discomfort, Packing Your Hospital Bag, Skin to Skin, Your Baby Can Detect Light
<u>Month 9</u>	Prenatal Protocol, Delivery- Related Stress, Keeping Your Mind Occupied if the Due Date Passes, Last Minute Preparations Before Baby's Arrival
Additional	<u>Childbirth</u> and <u>Postpartum Depression</u>

*VISUALS INCLUDED

Curriculum Table of Contents

[Developmental Perspectives](#) (Available in English, Spanish, & Arabic)

In this curriculum, you will find a set of three perspectives for each month from birth to thirty-six months.

The Child's Perspective- a first-hand account from the perspective of one child at this age, seeing the world as one child may see it

The Parent's Perspective- a first-hand account of how a parent may react to the developmental challenges and opportunities her child presents at this age

Information for Parents- a narrative of additional information parents may find helpful for supporting their child's development and managing family life at this age

The Professionals Perspective- guided reflection for you to consider how your practice with children and families may appropriately support them given the child's stage of development. This Professional's Perspective is Baby TALK's attempt at coming alongside you as you work with this family, using the Baby TALK culture in response to their needs.

The Developmental Perspectives Topical Chart can be used as an index to locate other curriculum on similar topics.

Newborn	States of consciousness, playtime, crying, comforting, five senses, reflexes, feeding, sleeping, learning to trust Visual
1 month	Body control, vision, hearing, sleep, postpartum "blues," states of consciousness, crying, tummy time Visual
2 months	Over-stimulation, body control, vision, calming baby, learning different cries, emerging personality, self-comforting, Shaken Baby Syndrome Visual
3 months	Tummy time, vision, feeling of security with family, sleep, returning to work, childcare, unique qualities of each baby Visual
4 months	Vision, gross motor development/getting stronger, burst of awareness, when to begin solids, safe sleep Visual
5 months	Body control, interacting with world, different cries and vocalizations to illicit different reactions, tummy time, teething Visual

Curriculum

Table of Contents

6 months	Mobility (rolling from tummy to back), fine motor skills with hands, name recognition, better understanding of tones and expressions of adults, separation anxiety, temperament Visual
7 months	Enjoying interactive play, mimicking actions, increased babbling, increased agility/mobility, new feeding experiences, rituals/routines, temperament Visual
8 months	Body control, sitting, play and discovering, increased attention span, more capable of manipulating items with hands, recognizing family and pet names, stranger anxiety, baby proofing Visual
9 months	Talking/babbling, separation anxiety, increased mobility, setting limits, finger feeding Visual
10 months	Standing, pulling up, reading books, language development, will for independence, teaching limits Visual
11 months	Increased gross motor skills, introducing sign language, interactive games, biting, exploration Visual
12 months	Increased gross motor skills, safety, celebrate one year, immunizations Visual
13 months	Discipline/teaching limits, exploration, language Visual
14 months	Self-feeding, personality, temper tantrums, independence, speech, sign language, safety, independence Visual
15 months	Fears, clingy, temper tantrums, struggle with independence Visual
16 months	Temperament, temper tantrums, developing vocabulary, impatient, climbing, teaching limits, clingy Visual
17 months	Routine, curious, climbing, reading books, "No," thinking about toilet training? Visual
18 months	Social-emotional: showing kindness, temperament, independence, aggression Visual
19 months	Discipline/teaching limits, temper tantrums, non-compliance, "what about spanking?" Visual
20 months	Mastery over world (what mastery means for them and for parents), language, discovery, pretend play, safety Visual

Curriculum

Table of Contents

21 months	Reading/books/language, stubborn, testing limits, mealtime challenges Visual
22 months	Offering choices, tantrums, laughter, independence, picking your battles Visual
23 months	Early academics, sensory play, hard to sit still, learning to pick up toys, not following directions, television Visual
24 months	Social emotional: parallel play, sharing, copying behavior (good and bad!), whiny, pretend play Visual
25 months	Toilet training, independence, likes to clean up Visual
26 months	New sibling, testing limits, putting words together, resists help Visual
27 months	Early academics, learning through "the arts," interacting with others, discovering new things, saying NO!, stepped out of his shyness, Visual
28 months	Reading/books, counting, teaching through active play Visual
29 months	Pretending play, into everything!, no fear of danger, increased language skills, constant monitoring Visual
30 months	Routines, affectionate, lovable, tantrums, mealtime challenges Visual
31 months	Social emotional: Strong emotions, differences in temperament, aware of emotional experiences of parents Visual
32 months	Social emotional: Letting kids help with tasks, energy, language attempts are more easily understood Visual
33 months	Teaching discipline though positive expectations Visual
34 months	Fears (new fears emerging) Visual
35 months	Early academics, gender constancy Visual
36 months	Preschool: playing with my friends, conversations & explaining everything, why?, still working on potty training, learning to follow more complex instructions, ready for preschool

Curriculum

Table of Contents

Visual

[Newborn Encounter](#) (Available in English & Spanish)

Each newborn encounter includes an observation and interaction with the parents focused on the newborn. Items in this section:

- | | |
|---|---|
| ● Newborn Encounter Protocol | ● Newborn Perspectives |
| ● Hospital Parent Info Form | ● Newborn Handout |
| ● Newborn Encounter Documentation | ● Sibling Rivalry Handout |
| ● Eliciting Newborn Behaviors Handout | ● Twin Handout |

[Protocols](#) (Available in English & Spanish)

Encounter protocols provide a structure for using our time in a way that enables us to incorporate developmental issues with relationship building techniques, which move us ahead in our work with the family. We seek to incorporate each element of these protocols in each interaction, noting what we learn from parents and children we serve. This section includes monthly protocols from newborn to 36 months.

- | | |
|---------------|--------------------------------|
| • Preparation | • Developmental Behaviors |
| • Assessment | • System of Support |
| • Affiliation | • Baby TALK and System of Care |
| • Observation | • Reflection-On-Action |

Curriculum Table of Contents

Activities (Available in English, Spanish, & Arabic)

Activities provide a reflective structure to assist professionals in facilitating parent child interactions in a variety of developmentally appropriate ways. Each month offers 4 activities to engage families, think together about elements of development at this age, create opportunities to facilitate and observe interactions, and to reflect upon the meaning for the family.

Table of Contents

Note: The activities were written in alignment with the state of Illinois Early Learning Guidelines for children birth to age 3, and each activity references one or two standards supported by the interactive activity.

<u>1 month</u>	I love your voice! - Knows your voice My eyes can track! –Follows an object I can lift my head! - Lifts head briefly Why do I startle? – Responds to a noise
<u>2 months</u>	So, these are MY hands! – Hand awareness Do you want to talk? – Mouth noises, face-to-face interactions Is this what I look like, too? – Love to look at faces I know what happens next! –Begins anticipating routines
<u>3 months</u>	I can lift my head & chest! – Raises head and chest when on tummy Shake, rattle, and grasp! – Grasps and shakes toys Baby's Got Babble! –Begins to imitate sounds You make me smile! - Smiles socially
<u>4 months</u>	Rolling to back! - Rolling over Sitting so Pretty! - My neck is becoming stronger Learning through my senses, my mouth is the best! – Explores objects The World is a Rainbow! - I can see lots of colors now
<u>5 months</u>	That's my name! –When you call his name (Almost) In the palm of her hand! –Rakes small objects with whole hand Listen to the beat! –Reacts to music by cooing Hand to mouth! –Brings toys to mouth
<u>6 months</u>	Left, Right, Write... -Transfers objects between hands Peek-A-Boo! I Learn By Looking At You! –Plays peek-a-boo Partially out of sight...but not out of mind! –Finds partially hidden toy Infant with a cause... and reaction! –Begins to understand cause and effect

Curriculum

Table of Contents

<u>7 months</u>	I feel for you! –Responds to your facial expressions Meet me in the middle! – Holds object mid-line BIG on Books Even Though I'm Little! – Listens to you read and talk about books Your Little Handful Has Her Hands –Holds two of three objects offered
<u>8 months</u>	My Babble has meaning! –Babbling with consonants? Da, Ma, or Ba? I can use my finders! – What small items does she want to pick up with her pincer grasp? Who's the baby! –I reach out and pat the things I see in the mirror Ready, set, move! –Is the baby interested in motor activities?
<u>9 months</u>	What is the limit? –Setting limits Bang, bang, bang! –Bangs objects together at midline Here is my nose and there is a ball! –Points to body parts New people can be scary! –Stanger anxiety
<u>10 months</u>	Books are yummy! –Looks at picture books Look what my body can do! –Pulls up stand "The wheels on the bus..." – Likes moving parts on toys Look what I did!!!! – Shows pride in accomplishments
<u>11 months</u>	How big is baby...so big! – Playing "So big" Since you thought that was funny, I'll do it again! – Repeats actions Fill and dump, fun fun, fun! –Puts objects in containers What's on that spoon? – Holds a spoon
<u>12 months</u>	Listen to me! –May say a few words: "mama," "dada," and "uh-oh" Roll, roll, roll your ball! –Begins to roll or push a ball I know what you mean! –Responds to directions I can do it myself... please help me! –Wants to be independent
<u>13 months</u>	I love you the best! –Strongly attached to a specific toy May I have this dance? –Likes to dance to music I'm "telling" you no! –Shakes head "no" What's the point? –Understands and uses pointing
<u>14 months</u>	I am SO frustrated! –Shows frustration by having a tantrum Let me show you how much I love you! –Shares affection See ya later! –Waves bye-bye I am learning to love being read to! –Wants to turn pages in books
<u>15 months</u>	I know it's still there! –Finds a hidden you I want to be friends...maybe –Shows more interest in playing with others It may have been ok...now I am SCARED! –May show fear and insecurity Let's have a (pretend) picnic! – Enjoys "Make Believe" play; wants to imitate adults
<u>16 months</u>	How high can I go? –Builds a four block tower I can climb stairs, and furniture, and... –Walks up steps and climbs Do you understand me? –Babbles with expressions; may use simple words I am loving my bath! –Pours water into different sizes of containers

Curriculum

Table of Contents

<u>17 months</u>	<p>I see what you're asking and I can point to it! –Points to familiar objects</p> <p>I can do it again, and again, and again- Enjoys doing the same things again</p> <p>I can clean, fold, sweep... and I love it! – Helps in your jobs around the house</p> <p>The cow says "Moo", the dog says...- Makes animal sounds while looking at books</p>
<u>18 months</u>	<p>Let's sing and motion! –Imitates songs and finger plays</p> <p>I can do it by myself!- Does things for himself</p> <p>If I want it, it's mine; if I see it, it's mine...-Is possessive of toys</p> <p>If you cry I will give you a hug!-Shows sympathy</p>
<u>19 months</u>	<p>Play ball!- Tries to kick a ball; tries to throw a ball</p> <p>Head, shoulders, pants, and shoes!- Points to body parts and clothing when named</p> <p>We are family! –Enjoys looking at a family book</p> <p>Budding Monet- Scribbles on paper</p>
<u>20 months</u>	<p>I want you, don't go!- May have difficulty with separation</p> <p>It's a puzzle!- Completes a simple three or four piece puzzle</p> <p>You want me to do what?-Is able to follow simple directions</p> <p>I know what I want, I can let you know too!-Indicates wants</p>
<u>21 months</u>	<p>I want it now, now, now! –Temper tantrums</p> <p>Ooey, gooey, messy fun!- Messy Play</p> <p>Cleaning, cooking, sweeping, dusting...-Imitates housework and "helping" you</p> <p>Let me see how far I can reach- Stands on tip toes</p>
<u>22 months</u>	<p>In the fold- Folds paper</p> <p>I can make up my own mind!-Wants to make decisions</p> <p>Let's play charades!- Uses gestures when communicating with others</p> <p>My scribbles are becoming more purposeful!- Imitates a circular scribble</p>
<u>23 months</u>	<p>I know where my toys go!-Remembers where objects belong</p> <p>Up and down I go! –Goes up and down a slide</p> <p>Stringing beads, one by one!-Strings one-inch beads</p> <p>The Wheels on the Bus go Round and Round...-Sings phrases of songs</p>
<u>24 months</u>	<p>My block is a phone!- Begins engaging in simple pretend play</p> <p>Let's put these in order-Nests blocks or stacks rings in right order when shown</p> <p>My many colored feelings-What emotions does your toddler express?</p> <p>The cow says moo!-Matches sounds to animals</p>
<u>25 months</u>	<p>I can pedal my trike!-Rides a tricycle</p> <p>I can eat all by myself and it is messy and fun!-Feeds himself</p> <p>I think I need to go!-Begins to anticipate the need to go potty</p> <p>Help me get to the next step-Transitioning in activities</p>
<u>26 months</u>	<p>We are family! –Names people in family</p> <p>1,2,3...count with me!-Understands the number one</p> <p>Brush, brush, brush your teeth! –Brushes teeth with assistance</p> <p>I want to make you feel better...-Is self-centered, but tries to comfort others</p>

Curriculum

Table of Contents

<u>27 months</u>	I can take off my clothes all by myself! -Independently removes clothes My scribbles are starting to look more... -Draws "pictures" Ask me a question, I bet I can answer it! -Answers questions I love my baby doll? -Plays with dolls
<u>28 months</u>	Circle to circle, square to square... -Matches shapes (circles, triangles, square) I can pay attention for a longer time, wow! -Gradually increases attention Snip, snip, snip with my scissors! -Makes snips with scissors I am a boy, I have brown hair -Identifies self as boy or girl
<u>29 months</u>	This is for this and that is for that -Understand functionality of objects Say what? -What words do you hear from your toddler during play? Bookworm -Looks at books on his own Come out, come out, wherever you are! -Plays hide and seek
<u>30 months</u>	Picture this -Imitates adults when coloring/drawing So, this is what numbers mean! -Begins understanding the concept of numbers I'm giving it the boot! -Kicks a ball First this, then that -What happens next?
<u>31 months</u>	I've got this grammar thing down! -What does the say? I want you, I don't want you, I need you! -Often displays contradiction How big is this? -Describing size I pretend to be mommy, and teacher, doctor... -Enjoys pretend play
<u>32 months</u>	Let's talk? -Actively participates in conversations SO, I think this means I have to go potty! -Begins to control bladder Is less more? -Which group has more Let me sort these out - Identifies categories
<u>33 months</u>	Jump like a kangaroo -Jumps one to two feet in distance Let's make something -Likes creating Will it float? -Learns about sinking and floating I follow the rules! -Begins to follow simple rules
<u>34 months</u>	Let me tell you about this -Draws picture and tells story about it Blue and red make... -Plays with mixing colors I can do that AND that -Follows multi-step directions Make it stick! -Glues items on paper
<u>35 months</u>	Squishy fun! -Plays with modeling dough Red with red, circle with circle, I've got this! - Sorts colors and shapes I look like a flamingo! -Stands on one foot for five seconds You can't pull a fast one on me! -Wants books read just as written (don't skip)
<u>36 months</u>	And a one, and a two -Knowing sequencing A trusted friend -Likes characters in books Look at my vocabulary grow! - Learning prepositions Dancing to the beat! -Enjoys moving to music

Curriculum Table of Contents

[Home Visiting](#)

Refer to separate document located in the home visiting folder named – [Home Visiting Reference Guide](#)

[Trauma Informed](#) (Available in English & Spanish)

Awareness for professionals who may encounter families suffering from traumatic life events and how these life changing events impact young children and families, and ways we can support the parent-child relationship in difficult times.

- [Child Abuse](#)
- [Domestic Violence](#)
- [Grief and Loss](#)
- [Homelessness](#)
- [Losing a Child](#)
- [Mental Illness](#)
- [Substance Abuse](#)

[Coming Alongside](#) (Available in English & Spanish)

- [Coming Alongside- The How](#)
- [Collaborative Developmental Screenings & Assessments](#)
- [Delays and Disabilities](#)
- [Dual and Multi-language Families](#)
- [Honoring Culture](#)

Curriculum Table of Contents

[Parenting Topics](#) (Available in English, Spanish, & Arabic)

Year in and year out, parents struggle with the same basic issues in raising their children. Feeding, sleeping, discipline, toilet training, sibling rivalry . . . these and other issues are universal in the challenges they present to parents of young children. Baby TALK has developed these handouts to spur parents' thinking on these issues.

- [A Frustrated Toddler-Biting and Hitting](#)
- [Building Responsibility in Children](#)
- [Children's Fears](#)
- [Child's Play is Growing Up Work](#) (Visuals)
- [Child's Schedule](#) (Visual)
- [Clean up, Clean up, Everybody Clean up](#)
- [Consequences](#)
- [Discipline Setting Limits](#) (Visual)
- [Discipline Setting Limits, Newborn-6 months](#)
- [Discipline Setting Limits, 6-12 months](#)
- [Discipline Setting Limits, 1-2 years](#)
- [Easier Days Versus Tougher Days](#) (Visual)
- [Germs!](#) (Visual)
- [Goodnight Toddler](#) (Visual)
- [How does a Child Grow](#) (Visual)
- [Older Siblings and Sibling Rivalry](#)
- [Reading with Baby-Nurturing Readers](#) (Visual)
- [Ready for Preschool](#)
- [Screens, Screens Everywhere](#)
- [Separations](#) (Visual)
- [Sleep & Crying](#)
- [Social-Emotional Development](#) (Visual)
- [Teaching Your Child to Share](#)
- [Temper Tantrums](#) (Visual)
- [Temperament](#)
- [Toilet Training](#)
- [Traveling with Tots](#) (Visual)

[Developmental Newsletters](#) (Available in English & Spanish)

An inexpensive way to deliver information to a large group of families is through developmental newsletters at regular intervals throughout their child's first three years. These letters contain information specific to the child's age:

2 Months	6 Months	12 Months	18 Months	24 Months	
4 Months	9 Months	15 Months	21 Months	30 Months	36 Months

Curriculum Table of Contents

[Homemade Toys](#) (Available in English & Spanish)

The Homemade Toy curriculum might also be included in home visits. All of these settings create the opportunity to engage a family and elicit quality conversation.

Vision:

[Can My Baby See](#)
[Colors All Around](#)
[Hey Good Lookin'](#)
[Look into My Eyes](#)
[Visual Development in the Early Months](#)

Cycles & Routines

[Alertness Cycle](#)
[Bath time Fun](#)
[Bedtime Routine](#)
[Dressing-Diapering-Feeding](#)
[Value of Daily Schedule](#)

Hearing & Language:

[Mother Goose Rhymes](#)
[Music for Your Baby](#)
[Read to Me](#)
[Talking Through the Day](#)
[The Value of Board Books](#)

Social Emotional:

[Attachment](#)
[Create Your Own Family Culture](#)
[Sibling Adjustment](#)
[Your Baby's Family](#)
[Your Perfect Baby](#)

Motor Development:

[Baby-proofing Your Home](#)
[Fun with Blocks](#)
[Large Motor Development](#)
[Puppet Play](#)
[Within Baby's Reach](#)

Families on the Go:

[Going to the Doctor](#)
[Leaving Your Baby in Another's Care](#)
[Let's Go to the Library](#)
[Out and About with Baby](#)
[Along for the Ride](#)

Cognitive:

[Cause and Effect](#)
[Early Experiences](#)
[How Your Baby Develops](#)
[Object Permanence](#)
[Sweet Success](#)

Curriculum Table of Contents

Preschool 3 to 6 (Available in English & Spanish)

Preschool education is effective in strengthening the potential for positive growth and development of children and families. Children learn through the exploration of their environment and within social interactions, the most important being within his or her family.

The Baby TALK preschool curriculum is designed to be used in Personal and Group encounters with parents of 3 to 6-year-old children. Based on the Illinois Early Learning and Development Standards this curriculum addresses the developmental domains of the child and the child's role in the family. Collaborations between parents, staff and community must occur to facilitate optimal learning for children.

Developmental Domains (90+ activities):

- Cognitive
- Creative Arts
- Language Arts
- Math
- Physical Development and Health
- Science
- Social Studies

Additional Resources

- Social and Emotional Development
- Language Development
- The Best Start
- A Mover and A Shaker
- Discipline
- Part of a Family

Adolescent Parenting (Available in English & Spanish)

The first section will help you become familiar with, and gain insight, into what it means to be an adolescent, in general. In each of the subsequent sections, you will find a portion written to think specifically about the topic as it pertains to being an adolescent, living in a multi-generational home, and facing unique situations and challenges. Additionally, ideas are included for both group and individual encounters.

Prenatal:

- Relationships
- Nutrition
- Substance Abuse
- My Changing Body and Emotions
- Development in Trimesters
- Attachment
- Breastfeeding and Bottle Feeding
- Preparing for Labor and Delivery

Life with a Child:

- Prematurity
- Medical Care for Children
- Crying and Comforting
- Safety
- Temperament
- Story Time
- Play Time
- Sensory Play

For the Parent:

- Staying in School
- Relationships – General
- Relationships—Fatherhood-Male Involvement
- Finances and Budgeting
- Selecting Childcare

Curriculum Table of Contents

- Preparing Your Home
- Baby Blues

Group Encounter

The group encounters are designed with child development in mind. They offer many different activities that will encourage, promote and support caregivers with their child's development. Programs will focus on child development within themes and content areas of interest in collaboration with families enrolled.

Group Guide- This guide gives programs an understanding of different types of group encounters as well as how to intentionally plan for a desired outcome.

Content Areas:	Activities:
<i>Self-Regulation</i>	Emotional Behavior Attention
<i>Social-Emotional Development</i>	Attachment Empathy Relationship with Peers
<i>Cognitive Development</i>	Science Exploration Numbers-Math Spatial Awareness
<i>Physical Development & Health</i>	Physical Development-Play Fine Motor Self-Care Tummy Time Family Wellness
<i>Approaches to Learning</i>	Problem Solving Creativity, Inventiveness & Imagination
<i>Miscellaneous</i>	Sensory (Messy) Play

Curriculum Table of Contents

Lapsits (Available in English & Spanish)

Each Lapsit begins and ends with the same song and fingerplay in order to remind children that they are in a familiar setting. The teacher introduces the theme for the day, reads two or three books, leads a fingerplay or song and then quickly explains any activities. The bulk of the time is spent by parents and children using appropriate books, fingerplays, songs and activities which will enhance the interactive play between parent and child. At the close of the Lapsit, parents are encouraged to speak to the librarians about appropriate books to check out for their children.

Animals Homes

Balls

Bears, Bears Everywhere

Bedtime

Big and Little

Birds

Boats Float

Bugs

Camouflage

Circus

Clouds

Dinosaurs

Ducks

Fall Leaves

Farm Animals

Fish

Funny Bunny Fun

Gardening is Fun

Going to the Zoo

Heart to Heart

I Can Get Dressed

Night Sky

Peek-A-Boo

Rain

Snakes

Spiders

Squirrels

Summer Fun

Tails

Trucks

Curriculum Table of Contents

[Family Fun Times](#) (Available in English & Spanish)

Family Fun Times provide an opportunity for preschool children and their parents to enjoy fun and learning together around a theme. Family Fun Times run anywhere from 60 to 90 minutes in length and are divided into three components:

Parent Instruction/Early Childhood Education

Parent-Child Together Time

Whole Family Time

- [A Family Feast](#)
- [Children's Play](#)
- [Consequences](#)
- [Daily Schedules](#)
- [Germs!](#)
- [No One Like Me!](#)
- [Reading with Your Child](#)
- [Ready for Preschool](#)
- [Screens, Screens Everywhere](#)
- [Sharing](#)
- [Where Do I Fit in My Family](#)

[Health & Safety](#) (Available in English & Spanish)

Baby TALK Professionals will find guidance around our work with families relating to children's health. (Issues of Mental Health are also explored in Baby TALK's Trauma Informed Curriculum.) The information offered in this curriculum is consistent with guidance from Head Start/Early Head Start guidance on health and safety, viewed through the lens of the Baby TALK approach.

- [Mental Health](#)
- [Nutrition](#)
- [Oral Health](#)
- [Physical Health](#)
- [Safety Practices](#)

[Come Sign With Me](#) (Available in English & Spanish)

"Come Sign with Me." is a six-week series developed by Baby TALK to provide parents and children with some simple signs in a small group setting. The focus is on fun and interaction with no pressure to learn to sign. Parents are encouraged to incorporate signs into their daily life with their children. Parents express delight in learning to communicate with their children at home.

Curriculum

Table of Contents

[Let's Talk Kids Columns](#) (Available in English & Spanish)

Let's Talk Kids parenting column, written by Baby TALK Executive Director Claudia Quigg, honors the expertise parents have about their own children and explores issues that are universal for families. From toilet training and sibling rivalry to establishing family values, Claudia Quigg provides thoughtful and accessible insights that are meaningful to families' needs.

A CRY OF PASSION	Jump at de Sun
A FACE IN THE CROWD	Just When You Thought
A LITTLE HELP FROM OUR FRIENDS	Kids and Medicine
A PERFECT STORM	Kids are People, Too
ABOUT FACE	Learning from our Little Ones
AFFAIRS OF STATE	Learning to Respond
ALL IN A NIGHT'S WORK	Learning Ups and Downs
LIFE IN THE WHITE SPACES	Making Friends
ANNOYINGLY NORMAL	Mindful Parenting
BABY BOOM (ERANG)	More than One Way
BACKING OFF AND STEPPING IN	No Easy Answers
BEING WITH BABIES	No More Buy-Buy Baby
BIRTHDAY DREAMS	On choosing "heart" over "hurry"
BORN TO LEARN	One Bite at a Time
BUBBLE-WRAP THE BABY!	Parenting in the Present (#2)
BUILDING PARENT MUSCLES	Parenting in the Present
CAUSE TO CLEAN UP	Parenting Karma
CHILDREN OF THE EARTH	Reading at Summer's Pace
CHILDREN'S AMBIVALENCE	Safety Through The Storm
COLLECTING EXPERTISE	Silence is Golden
COMFORT AND JOY	Special Kids, Regular Lives
CONVERSING WITH KIDS	Stars in Their Buckets
DADS AT PLAY	Stepping Up
DAILY DANCE PARTY	Stressed Out!
DAILY REUNION	Super Hero Parents
DARE YA TO LOVE ME!	Take Care
EATING AN ELEPHANT	Taking on Temperament
FACE IT	Teaching Public Behavior
FALLING IN LOVE AGAIN	Thar She Blows!
FUEL FOR GROWTH	That Bad Baby
GESTURES THAT INSTRUCT THE HEART	The Attitude of Gratitude
GHOSTS IN THE NURSERY	The Diaper
GOOD GRIEF	The Efficiency Dilemma
GREAT EXPECTATIONS	The Emergence of Empathy
GROWING A RAINBOW	The Eyes Have It
HIGH OCTANE PARENTING	The First Time
HOW DOES YOUR GARDEN GROW	The Gift of Grandparents
THE KINDNESS OF CHILDREN	The Mozart Effect
THE PARENT CONNECTION	The Parrot
THE POWER OF PERSISTENCE	The Powerful Newborn
THE SOUL OF A STORY	The Story of the Day
THE THINGS MOMS DO	The Tipping Point
THEY DON'T MISS A THING	To Pee or Not to Pee
TODDLERS - WHAT TWO DO	Totally (Not) Prepared
TRIPS WITH TOTS	Trust Yourself
TUG OF WAR	Universal Issues, Unique Responses
WASHING DISHES	What Dads Do for Kids
WHAT KIDS WANT FROM THEIR PARENTS	What's Your Style
WHEN KIDS KNOW BEST	When Worlds Collide
WHOSE GOAL IS IT	Why Cain Slew Abel
YOUR MOTHER AND MINE	

[EHS/HS Center Based Group Sessions](#)

Curriculum

Table of Contents

The Baby TALK Parent Group Facilitation Guide provides the framework to support Baby TALK Trained professionals to engage families and meet the needs of parents and their children in Baby TALK Parent Groups. The [Baby TALK Parent Group Facilitation Guide](#) provides a series of six Baby TALK Parent Group (BTPG) sessions with a seventh session designed for ongoing expansion for further parenting topic needs expressed by group participants. The BTPG sessions are support professionals as they engage parents and join them in their task of nurturing their children. The BTPG session content builds on the strengths of each parent and provides the opportunity for parents to support and nurture their child's unique developmental agenda.

Session One:	Discovering and Nurturing your Unique Child
Session Two:	Child's Play is "Growing Up Work"
Session Three:	Why Include Reading in My Child's Schedule?
Session Four:	Children's Fears
Session Five:	Discipline: Teaching with Love
Session Six:	Building Responsibility in Children
Session Seven:	Template for additional sessions

Miscellaneous

- [Baby TALK Training and Presentation Bibliography](#)
- [Baby TALK FEM Logo](#)
- [Style Guide](#)
- [Copyright Page](#)